



A Publication of
The First Church in Salem, Unitarian

The Herald

The Ames Covenant
In the love of truth
and the spirit of Jesus,
we unite for the worship of God
and the service of humankind.

SEPTEMBER 2010

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Minister's Musings

We are here to abet creation and to witness to it,
To notice each other's beautiful face and complex nature
So that creation need not play to an empty house.

– Annie Dillard



I don't know about you, but I find I have some of my most awe-inspiring, "religious" moments out in the open during the summer. When the weather is warm and I am walking or running or rowing or biking under a magnificent blue sky, I find myself predisposed towards marveling at the beauty I encounter amidst the natural world, the Creation. While some places around the world have had a most difficult summer season, here in New England (and elsewhere in North America), it has been fantastic; with ample outdoor opportunities for fun, frivolity and wonder.

I know some of you have been on trips and journeys of various kinds this summer. Some were hiking mountain ranges, while others were sailing off to adventure and still others were flying to somewhere they have never been. The change of scenery and pace opens one up to the wonder and majesty of the world around them. And even if you were like me and kept your outings closer to home, there was still plenty to behold and take in. Venturing out to Winter Island or Devereux Beach or the Great March in Newbury or the Cape, all provide ample opportunities for wonder and re-creation. There is the simple primordial experience of rounding a bend of a trail or a road and being struck by the beauty and wonder the scenery before you. For some this experience is a moment of awe, for others a spontaneous instance of reverence.

Part of what we do as we resume our new church year is invite ourselves to bring a little of this reverence and wonder back into our community. There are a variety of ways for the soul to re-energize and rejuvenate. The beauty of the natural world and a community of faith both have a role to play in this process. As Annie Dillard observes, we human beings are "here to abet creation and to witness to it." I read that line as inviting us not just to marvel at the gifts of the natural world, but then find ways to share – and cultivate – that beauty with those around us.

Sunday, September 12 is Homecoming Sunday, when we resume our weekly program and activities. We have much to celebrate this month with some exciting new programs and staff. It is always fun to see so many friends, both old and new. I hope you can join us.

See you in church,



Symposium: "Awakening the Dreamer/Changing the Dream"



First Church member Bill Grover will present the first Marblehead "Awakening the Dreamer/Changing the Dream" symposium on Saturday, September 25 at the Abbot Library. Developed by The Pachamama Alliance (TPA), a non-profit group formed in the late

1990s to support indigenous cultures in South America, the symposium seeks to examine our environmental, social, and personal well-being, trace the causes leading to our current imbalance, explore new ways of relating with one another and the earth, and consider our personal and collective impact as well as the role we want to play in the world.

Participants will watch inspiring short files and video clips, review information from some of the world's most respected scientists and thinkers, consider of the insights and wisdom of indigenous peoples, and engage in dynamic group interactions.

This event, which runs from 9:00 am to 1:00 pm, is free and open to the public. Abbot Library is located at 235 Pleasant Street in Marblehead. To register, contact Patti Rogers at 781-631-9419 ext. 1 or rogers@noblenet.org. For more information contact Bill Grover at 978-745-6370/wggrover@aol.com, or visit www.awakeningthedreamer.org

Apple Picking

On Sunday, September 26, join us for a fall tradition here at the First Church. We will meet at Russell Family Orchards in Ipswich around 1:00 pm to pick apples! Along the way, you can meet some friendly animals and check out the great farm shop! Always a treat to visit, be sure not to miss out on some warm, fresh cider donuts, and farm-made cider — hot, cold...or frozen! Hope to see you there!



September Schedule of Events

September 1

⤴ RE Committee at 7 pm

September 5

⤴ No Sunday Service

September 7

⤴ Alliance luncheon at noon
⤴ Spirit Journey at 7:30 pm

September 8

⤴ Lifebridge (Salem Mission) Dinner at 4:45 pm
⤴ Standing Committee at 7 pm

September 12

⤴ Homecoming Sunday Service
⤴ Youth Group meets, 7–8:30 pm

September 14

⤴ Alliance luncheon at noon

September 16

⤴ Becoming a Welcoming Congregation Workshop at 7:30 pm

September 19

⤴ Sunday Service at 10:30 am
⤴ Youth Group meets, 7–8:30 pm

September 21

⤴ Alliance luncheon and discussion of Jewish Traditions, at noon

September 22

⤴ MPIC, 6:30 pm

September 25

⤴ RE Teacher Training, 9 am–3:30 pm
⤴ Lifebridge (Salem Mission) Dinner at 4:45 pm

September 26

⤴ Sunday Service at 10:30 am
⤴ Apple Picking, following Fellowship (see article left)
⤴ Youth Group meets, 7–8:30 pm

September 28

⤴ Alliance at noon

Looking Ahead —

October 3

⤴ World Communion Sunday





S E P T E M B E R 2 0 1 0

SUN	MON	TUE	WED	THU	FRI	SAT
<i>All Sunday Services begin at 10:30am</i>			1 - RE Cmte., 7pm	2	3	4
5 - No Service-	6 <i>Labor Day</i>	7 - Alliance, noon - Spirit Journey, 7:30pm	8 - Salem Mission dinner, 4:45pm - Standing Cmte, 7pm	9 <i>Rosh Hashanah</i>	10	11
12 - Homecoming Sunday Service, with Choir - Youth Group, 7-8:30pm	13	14 - Alliance, noon	15	16 - Becoming a Welcoming Congregation Wksp, 7:30pm	17	18 <i>Yom Kippur</i>
19 - Sunday Service - Youth Group, 7-8:30pm	20	21 - Alliance, noon	22 - MPIC, 6:30pm	23	24	25 - RE Teacher training, 9am-3pm, - Salem Mission dinner, 4:45pm;
26 - Sunday Service - Apple Picking (following Fellowship) - Youth Group, 7-8:30pm	27	28 - Alliance, noon	29	30		

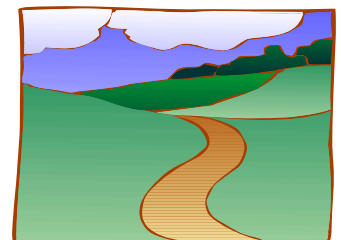
Flowers

Sign up to provide flowers for our services in September and beyond. Special wording can be placed in our weekly Order of Service in honor or memory or a loved one, or to commemorate an important event. You can use the church florist for a cost of \$45, or bring your own creation. Arrangements can be simple or elaborate — the choice is yours! See the sign up sheet in The Barnard Room on Sundays during Fellowship, or contact the church office if you have questions: 978-744-1551 / fristchurch@nii.net



Spirit Journey

After taking the summer off, the Spirit Journey group is ready to resume their monthly gatherings. The group meets the first Tuesday of the month at 7:30 pm in the Cleveland Room. All are welcome to come and check out the group, and encouraged to bring a poem, reading, verse, book excerpt or any other self-selected spiritually meaningful text. For questions, contact Jim Ognibene or Jeff Barz-Snell.



From the Religious Education Director

Sharing our Faith with the Next Generation

“Helping people develop spiritually and act religiously is our unique responsibility” – Judith A. Frediani

September, the season with brilliant leaves and ripe fruits, is a season full of promise and plenty. This month always seems to burst with possibility and hope for the future. This year is no different as I find myself caught up in the magic of Autumn; fresh cool air, shiny, new school books and bright new beginnings- a time to renew our bonds as a faith community.

As a spiritual community, giving our children and youth the gift of faith lies solely with us. As a congregation, we must always keep in mind that the spiritual development of our children and youth is one of our primary goals. Teaching our children is one of the best ways to explore our UU faith. Our religious education program has room for many volunteer teachers.

We are building teaching teams of four adults each to take on a trimester of working with some of our great kids. Not sure you can do this? Don't worry, you will never be alone! Team teaching always has two adults in the class. Team teaching also lets you be in the classroom for two weeks then have two weeks off to attend the church service or just to have free weekend time.

Maybe you would like to try but feel you need more skills? Our congregation is taking part in a North Shore Regional Teacher Training Event this September. This event is a great way to meet and share talents with members of other congregations who volunteer in RE programs. Experienced RE teachers will be sharing their skills and insights on topics, from navigating a lesson plan to articulating Unitarian Universalism. There will be a special presentation by the Reverend Jeanne Nieuwejarre, author of *The Gift of Faith, on Religious Education as Ministry*.

We have an exciting year planned for our students. We have lined up all our favorite events like Halloween Sunday, Family Fun Nights and the Christmas Pageant that bond us as a community and become special childhood memories for our children. We also have beautiful

and engaging Sunday morning experiences planned for our children. It will be a wonderful year.

Consider ways that you contribute to the ministry of religious education this year. Take up the sacred trust of sharing your faith and values with the next generation. The year ahead is indeed full of possibility and promise.

In faith,

Deb DiGiulio
 Director of Religious Education

Welcome to Our New Youth Advisor

Welcome to Christian Schmidt, our new First Church Youth Advisor. Christian brings with him a wealth of experience with youth and a real passion for youth ministry. His qualifications include teaching high school-age youth Sunday school classes, being an advisor to a Young Religious Unitarian Universalist youth group, and being a volunteer advisor to the Southwest district youth camp. In addition, Christian is a trained youth chaplain and has completed the UUA Youth Advisor training. He plans to continue his ministry studies at Andover Newton Theological School here in the Boston area. Christian is very recently married and his new wife, Kristen, is a UU minister and is the new Assistant Minister at King's Chapel in Boston.

In addition to having a dedicated Youth Advisor, First Church Youth Group will now be meeting every Sunday night instead of twice monthly. This is a bright new chapter for the First Church in continuing to grow and strengthen as a community.

From the Music Director

When I heard from Jim Singletary that he was preparing the September *Herald*, I thought, “Oh my God, summer’s over. Where did it go?” In spite of the fact that we’ve had the best summer weather in years, and although it was occasionally a bit toasty, I do hope you have all been enjoying this free time that we all try to have during July and August, even though it can get hectic in spite of the relaxed (?) schedules.

So, want to or not, we have to start thinking structure and schedule and, yes, all of the great stuff we like doing as part of our lives during the year. For me, the focus quite naturally is music and, together with you all, focus on music in liturgy. Jeff and I are already discussing special services pretty much through November into December, the choir schedule, jazz services, World Communion Sunday, and, dare I even say, Halloween, which, given our history, is indeed an integral part of First Church worship.

Our first choir Sunday will be Homecoming Sunday (September 12) and, although we try to stick to a routine schedule (choir on the 1st and 3rd Sundays of the month) sometimes circumstances dictate deviating from the schedule. I have talked to several choir members and am getting a unanimous feeling that we have missed singing in church this summer, so we expect a bang-up first service. Hope to see you all there. Also, as we look forward to a new season, I want to extend an invitation to any and all members of First Church, to consider joining the choir. I know that, on occasion, it seems like we do terribly complicated pieces, but there is really no pressure and you can always sing melody if you feel insecure. Give it a thought and join us for our first rehearsal on Sunday the 12th at 9 o’clock. The commitment is minimal: generally two Sundays a month and an occasional Saturday morning rehearsal. So, whatever happens,

Paul Madore
Director of Music

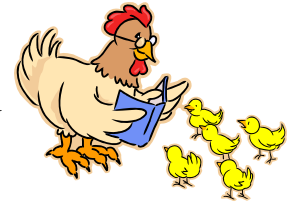


From Henny Penny

Greetings!

We’re gearing up at Henny Penny for our first day of school, scheduled for Tuesday, September 7.

This is such an exciting time of year and still (after 20 years of teaching!) gives me butterflies thinking about it. We have 29 families enrolled in our program for this fall. We have 13 returning students and 16 new students, so there will be many new faces this year!



Mrs. Hermann and I have been busy getting the classrooms ready...cleaning out closets, organizing drawers, tidying up the toy shelves, categorizing books, and placing our materials and supplies orders. In an effort to accommodate the growing Religious Education Program of the First Church, Barbara and I worked closely this summer with Deb DiGiulio to determine space needs and create additional office, classroom, and storage space. We’ve also had the benefit of Mr. Joe Perron working to prepare our classrooms, steam cleaning the carpets, taking out trash, and touching up the chipping paint throughout the classrooms. Getting ready for our September start has truly been a collaborative approach!

Our program will continue to run Monday through Thursday from 8:30-noon with an extended day lunch-bunch on Tuesdays. We’re looking forward to having Miss Joan, our gymnastics instructor, join us once a month to provide gross motor experiences for the children, as well as Miss Alicia to offer yoga to our students.

We’re excited to have Mr. St. Pierre join us in September. He is such a special part of our program, sharing his smiles and good cheer with the children, parents and staff each morning. Mr. St. Pierre also works to get the building ready for the children every day and provides us with a sense of security as he monitors the door from 8:30–9:00 when it remains unlocked. Mrs. Hermann, Mr. St. Pierre and I will be kicking off the year together with our traditional “Red’s Breakfast”—just before school starts.

Enjoy the last bit of summertime with your friends and families!

Kerry Martin
Director of Henny Penny Nursery School



Journey with the First Church to Become a Welcoming Congregation

The Welcoming Congregations Committee invites all First Church members and friends to attend a monthly series of workshops as we anticipate a vote on becoming an official UUA Welcoming Congregation at the Annual Meeting on May 1. The first workshop will take place on Thursday, September 16 and all remaining workshops will take place on the second Thursday of each month at 7:30 pm, through April.

Here is a list of Workshop topics:

<u>Date</u>	<u>Topic</u>
Sep 16	Overview, Language of GLBT, and Ground Rules
Oct 14	Origins and Development of Sexuality
Nov 11	Experiences of GLBT people
Dec 9	Moral/Religious and Legal Issues of GLBT
Jan 13	The "Isms" and the "Ias"
Feb 10	Transgender Experiences and Issues
Mar 10	Issues in Raising GLBT Children and GLBTs Raising Children
Apr 14	How Does This Change What We Do?



In these workshops, we will address questions such as:

1. What would it mean for the First Church to become a "Welcoming Congregation"?
2. Why should the First Church officially welcome our gay, lesbian, bisexual and transgendered (GLBT) brothers and sisters to our community as they pursue their spiritual path?
3. When we think about becoming a Welcoming Congregation, how do we feel, and why do we feel that way?

Workshops are meant to allow open and honest explorations of potentially sensitive issues. We encourage all to attend—regardless of your views on gay, lesbian, bisexual and transgender issues. We are committed to providing a safe environment in which people can agree, disagree and work toward mutual understanding openly and with respect.

If you have any questions about these workshops, please contact any member of the Welcoming Congregations Committee: Claire Donaldson, Michael Mascolo, Jessica Kane, Nicole McLaughlin, Tommy Leon, Trish Newhall.

Around the Parish

John Keenan completed his 20th Pan Mass Challenge, a two-day, 200 mile bike ride that raises money for cancer research. Go John!

Church friends **Kevin Dougwillo** and **Steve Benevento** are the proud parents a baby boy. Steve and Kevin adopted him in August and now are learning how to sleep in increments!

Charlie Newhall completed a harrowing sailing expedition in August to Sable Island, a small uninhabited barrier island (with wild horses!) 180 miles off the coast of Halifax, Nova Scotia.

George and **Ellen Brandenburg** are making the full transition to life in Salem: they are selling their single engine plane and buying a sailboat. Sounds like all that reading about Nathaniel Bowditch is having an effect!

Congratulations to **Stephen Sawtell** who is retiring from General Electric in Lynn after 28 years.

The Bobs, the Jims, and Tommy Leon and Don Glover were all part of a First Church contingent that spent a sunny week in Provincetown at the end of July.

Our condolences to **Alan Towne** and **Rick Belejck** upon the loss of Alan's brother. He had been fighting cancer for several years.



An Update from the Master Plan Implementation Committee

We hope you are all enjoying a fine late summer! Here is a brief update on the major streams of MPIC activity:

- **Water infiltration.** Several recent flooding events have demonstrated that while we have solved a number of the specific causes of infiltration, the water management system as a whole is not adequate to deal with the more extreme rain conditions. The MPIC has therefore proposed to engage civil engineering expertise to define a system that will address these conditions. Kudos to Peter Copelas, Jr., Bill Grover, and Jamie Tanch for following this issue so closely during the recent basement floods.
- **Mechanical systems.** This group is actively researching and modeling various heating/cooling and water use systems in order to understand short- and long-term carbon footprint, environmental impact, efficiency and cost effects.
- **Regulatory compliance.** We are on the Zoning Board of Appeals agenda for early Fall to consider two issues: the setback variance arising from private ownership of Eaton Place, as well as the fact that the FC grounds are actually two lots, with the church and proposed addition straddling both.
- **Finance.** The absence of a clear and prudent plan to finance the scope of Phase I remains our biggest obstacle. We will need to tackle this urgently before undertaking further contracts. While a capital campaign is not within the scope of the MPIC, the committee would welcome ideas and suggestions to get us moving in the right direction.
- **MPPF Grant.** The final report has been completed and submitted to the State. We expect to receive our reimbursement by early September. Many thanks to Richard L'heureux for ably steering this to completion!

There is always room on these teams for new contributors. Our regular meeting dates are the fourth Wednesday of each month. All are welcome to participate.

Respectfully submitted,
Steve Palmer

From the Stewardship Committee

Greetings from the Stewardship Committee!

We hope everyone has had a great summer so far. Although September is not the official end of summer, it does herald the return of many people to our First Church home. With that in mind, the Stewardship Committee would like to give you a quick update as to our member and friend giving so far this year.

Through the fourth Sunday in August (August 22), the church has received the following in Member and Friend contributions as compared to 2008 and 2009:

2010:	\$47,215	47% to our goal of \$100,000
2009:	\$53,725	61% of total 2009 giving of \$87,500
2008:	\$46,078	48% of total 2008 giving of \$97,000

As you can see, we are running behind last year by about \$6,500, but are narrowly ahead (about \$1,200) of 2008. We have four months left of our fiscal year and meeting our goal of \$100,000 is extremely important to having a balanced operating budget and maintaining our current level of programming.

By mid-September, you will be receiving your personal updated contribution report. If you have already met your giving goal for the year THANK YOU (of course we wouldn't refuse any additional contributions you want to make!), and if you haven't, please help us meet our goal of \$100,000.

Also, a big THANK YOU to those who continued to give to the church during the summer. Your contributions went a LONG way toward helping the church maintain a healthy cash flow during a normally low giving period.

Respectfully Submitted:

Bill Henning; Joe Deegan; Eric Kenney;
Robyn Knights-Giannopolo; Steve Palmer



A Look at Pagan Harvest Festivals

“BOX” REMEDIES: *Storing the Lammas Sun Against the Winter’s Dark*

[This] was Summer caught and stoppered.
– Ray Bradbury, *Dandelion Wine*

For Witches, the first of August marks the Harvest of Fruits, one of three festivals that celebrate Earth’s bounty and commemorate the preparations for cold-weather provisioning made by agricultural peoples in the past. Called Lammas or Lughnasadh (LU-nah-sah), it is sacred to the Celtic Sun God Lugh, who was known as “The Shining One” and—by reason of the spear (a sunbeam?) which he possessed great proficiency in wielding—“Lugh of the Long Arm.” This beloved deity was the subject of many stirring stories in Celtic cultures.



One of the most charming comes from the Welsh collection of legends known as *The Mabinogion*. In this version, Lugh was the child of a great wizard and a goddess of the stars. Born so prematurely his mother did not believe him to have survived, the little “sun” was rescued by his father, who placed him into a magic chest, and there he grew to term. When the boy was old enough to ask where he had come from, he nonplussed his sire by enquiring, “Is my mother a box?,” causing one translator of this tale to whimsically credit the sage with the invention of the incubator!

And how can we mortals capture the summer’s warmth for ourselves? An excellent way is to pick--and preserve--the sunshine-stuffed fruits that are ripe at this season. Visit a farm for fresh strawberries and cherries, and try your hand at making jam or jelly. In lieu/Lugh of that labor, create candied peel from oranges, lemons, or limes. (Peel packs an extra magickal mojo jolt: because it requires honey in its recipe, it honors not only Long-Arm but his wife, “Flower-Face,” as well: a maiden created for him from Springtime blossoms.) This low-fat, high-Vitamin-C treat is easy to cook up, and will keep, like Ophelia’s herbs in Hamlet, “[s]eeming and savor all the winter long.” Now those are more health benefits than you can Shake a Speare at--unless that weapon is the sunbeam of a certain Celtic god!

MOTHER of LIFE, MOTHER of DEATH: *Modron, Macha, and the Grain of Life and Light*



September 21, the Autumnal Equinox, marks the second of three harvest festivals celebrated in Earth-based religions. The holiday is Mabon (MAY-bon), and it is considered the Pagan equivalent of Thanksgiving because, in earlier agrarian civilizations, this was the time for “bringing in the sheaves” of the fully-ripened wheat. For Celtic peoples, it was the season to honor Modron, the Earth Goddess who now held her Son, the Sun, hidden but safe within her womb, a single drop of living--and life-giving--light.

Celebrations of the Harvest of Grain involved honoring the Great Lady as both Mother and Ancient. The female images known as “corn maidens” when woven in February from wheat stalks saved from the last year’s threshing were re-adorned, not with flowers but with nuts and berries, and became “corn dollies” or “mothers.” The Crone Goddess, Macha (MOCK-a), was feasted through her totems, the crows, to whom a small scattering of the jealously-protected crop was cast. The wisdom of Macha saw beyond Death; and because to attain this Old One’s far-knowing demanded years of a man’s or woman’s existence, it was fitting to honor her by giving a little life as symbolized by the grain.

The double meaning of this Harvest Feast as both a physical and a spiritual ingathering lends it especial richness. The world endures the barrenness of the snow to bring forth the spring, and we must pass through the death of ignorance to a new birth into knowledge. As we partake at this season of the bread of light and life, may the hope—and the habit—of giving thanks for change, for chance, and for the chance to change become truly in-“grained.”

– Rose Wolf



News from the Fellowship Committee: Opportunities to Serve

We're looking forward another year of Church Services and Fellowship at First Church. As before, we will have a sign-up sheet in the Cleveland room for people who want to sign up to host or sponsor Fellowship.

To recap our procedures: each week someone signs up to serve or sponsor a table at fellowship time—the adult table and/or the kids' table. Anyone who comes to Church on Sundays and comes to Fellowship is welcome and encouraged to sign up to serve or sponsor a table. We've got a few weeks that are highly sought-after and they will go first, so we encourage you to sign up now for the Sundays that may be special to you.

If you are not comfortable hosting fellowship, but wish to donate once or twice a year and sponsor Sunday Fellowship, we welcome your contribution and we will purchase and serve on your behalf. Your contribution can be anonymous if you like. We welcome your generosity, and anything we don't spend towards Fellowship in one week, we will save in our account and use those funds towards other weeks. Everyone on the Fellowship Committee is also happy to "buddy" with you if you would like guidance and assistance in hosting fellowship. Please contact anyone in the list below, if you're interested in sponsoring a fellowship or having one of us "buddy" with you.

For those that haven't hosted before, we've included some guidelines and suggestions for shopping and preparing. Fellowship usually lasts until about 12:30 pm—we would ask that you stay to help clear the tables and distribute leftovers (either take them home or find someone who wants them).

Thank you,

Joan Hannah simbahannah@comcast.net

Alicia Diozzi, alicia@greenteayoga.com

Don Glover, don@leongraphics.com

Christiane Hansen-Mitev, chansenmitev@hotmail.com

Jennifer Barz-Snell, jenniferbarz@comcast.net

Mary Krigbaum, mwartree@comcast.net

Fellowship Shopping List

Adult table —

- 2–3 packages of cheese and crackers or bread to go with the cheese
- or*
- Bagels-cut in half or quarters and cream cheese (2 dozen bagels or equivalent)
- and*
- Fruit or veggies (platter of grapes or carrots, celery and dip, etc.)
- and*
- One or two sweet baked goods (banana bread, cookies, brownies, etc.)

No more is necessary unless you are inspired

Kids' table —

- 1 package cheese, 1 package crackers or bagels and cream cheese
- and*
- 1 gallon juice
- and*
- Fruit or veggies
- and*
- One baked item (sweet bread, cookies, etc.)

We ask that the person who signs up for the Children's table also purchases at least a quart half-and-half and a lemon.

NOTE: The list of acknowledgments for those who volunteered in various ways over the summer will appear in the October issue of *The Herald*.

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ONE OF THE OLDEST PROTESTANT CHURCHES
GATHERED IN NORTH AMERICA, SINCE 1629

C O M M U N I T Y E V E N T S

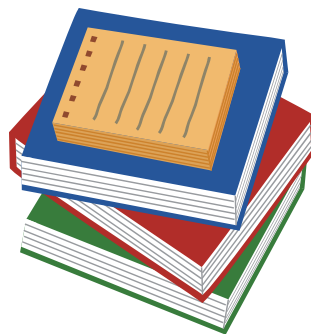
Free Book Swap Coming Up

Salem Recycles is holding another free book and media swap on Saturday, September 11, 10 am to 1 pm on the first floor of the church school at St. Anne's Church, 290 Jefferson Avenue, Salem.

Mark your calendars now and start gathering your unwanted books, CDs, DVDs and videos! All books will be accepted, even text books. Everything that doesn't find a new home will be donated or recycled.

Materials can be dropped off in advance on Friday, September 10, 6–7pm or bring them with you on Saturday. Volunteers will be available to help unload

Everyone is invited to take books, etc.—no “swap” necessary. For more information contact Julie Rose at 978-619-5679.



Salem Literary Festival

The Salem Literary Festival returns September 17–19, 2010 for its third year. A number of authors will be present and additional activities include writing workshops, storytelling for children, monologue performances, a *To Kill a Mockingbird* marathon, and the ever-popular Scrabble tournament. For a complete schedule, visit www.salemlitfest.com.

A Yoga Weekend

Church member Alicia Diozzi invites First Church families to a weekend of free yoga and other great events at Green Tea Yoga in Salem, September 11–13. Yoga for kids and adults, all free. Visit www.greenteayoga.com for details.